

NOTES & QUOTES

**ALL
IN**

WEEK FOUR | OCTOBER 2

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DID YOU MISS SUNDAY'S SERVICE?

You can watch all past messages on our YouTube channel
www.youtube.com/channel/UC6v8-5D1WdEoEv2ODoUCxJg
or you can listen to our podcast at www.thiscompass.com/podcast.

CONNECT (BUILD RELATIONSHIPS)

1. Take a minute to brag. What is one area of life where you feel you exhibit some strength?
2. What is a strength you admire in other people?
3. What is an action someone has taken to demonstrate love to you that was meaningful?

THRIVE (EXPLORE BIBLICAL TRUTH)

4. Read 2 Corinthians 12:8-10. What do these verses tell us about the source of our strength?
5. Can you think of any biblical examples where people worshipped/loved God using physical strength?
6. Read James 2:26. What connection is James making between faith and the actions we take in our bodies?

7. Read Romans 12:1. What connections might be drawn between this verse and Jesus' command to love the Lord our God with all our strength?
8. Read 1 Corinthians 6:20. The context here is sexual purity, but are there other ways we can honour God with our bodies?

COMMIT (BE ON MISSION)

9. Take a moment to consider three areas in life where you exhibit some strengths and examine whether you are loving God through these areas.
10. If you see some opportunities to love God through these areas, think about some ways you might be able to express love to Him this week.
11. Take the time this week to tell someone in your small group, family or maybe a friend, a strength you see in them that you admire.

PAUSE, PONDER & PRAY

“Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship.”

ROMANS 12:1