

NOTES & QUOTES



**WHAT WE'VE  
LEARNED**  
ABOUT RELATIONSHIPS

Ruth 1



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## CONNECT (BUILD RELATIONSHIPS)

1. During the Covid pandemic which relationships did you find were the easiest to maintain and which were the most challenging to foster?
2. During the times of isolation did you learn any new things about human relationships that surprised you?
3. What aspects of connection did you miss the most?

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## THRIVE (EXPLORE BIBLICAL TRUTH)

4. Read Ruth Chapter 1. What are some of the relational hurdles Naomi was facing?
5. What traits do you see evident in Ruth that are important in establishing deep connections or friendships?
6. What do you feel God might have been doing in Naomi's life in this story.

7. Read Proverbs 15:23, 18:24 and 27:6. Discuss any relation between these verses and Ruth and Naomi's journey.
8. Read Ephesians 4:15-16. What lessons are found here that could help to foster healthy relationships?

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## COMMIT (BE ON MISSION)

9. What are some barriers to nurturing authentic relational connections in the days we live?
10. It's been said that 4 marks of deep friendship are constancy, carefulness, candor and counsel. Do you agree? Why or why not?
11. How might God be speaking to you about discovering and developing real friends in this season of your life? What might that look like?

### **PAUSE, PONDER & PRAY**

But Ruth replied, "Don't urge me to leave you or to turn back from you. Where you go I will go, and where you stay I will stay. Your people will be my people and your God my God. Where you die I will die, and there I will be buried. May the LORD deal with me, be it ever so severely, if even death separates you and me." RUTH 1:16-17